

Jason Elias Wilson MA, LPC, CSOTP, CRC, NCC
Licensed Professional Counselor
Certified Rehabilitation Counselor
Virginia Certified Sex Offender Treatment Provider
National Certified Counselor

REDEFINE Psychological Services, Inc.
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Education

2016-2019

The University of the District of Columbia,
Washington, DC
*Masters in clinical Mental Health/Rehabilitation
Counseling*
Degree to be obtained: May 11, 2019

1999 – 2004

South Carolina State University,
Orangeburg, South Carolina
*B.A. in Family & Consumer
Science/Child Development*

Relevant Work Experience

July 2025- Present

Counseling and Forensic Services, Inc
Leesburg and Warrenton, Virginia
CSOTP group facilitator, Individual therapy
Facilitate and lead therapeutic
groups for local and state sex offenders,
focusing on cognitive-behavioral restructuring,
relapse prevention, and healthy
coping mechanisms.
Manage complex cases and provide
comprehensive reintegration support,
ensuring compliance with parole
and probation requirements.
Deliver and adapt a specialized curriculum

to address the root causes of offenses, emphasizing empathy, risk identification, and the development of pro-social behaviors.

May 2025- Present

REDEFINE Psychological Services, Inc
Winchester, Virginia

Co-founder and Co-Owner

Provides individual case specific therapy to children, adolescents, and adults through combining therapy with life coaching to help clients achieve their goals and maximize potential. Specializing in a treating a broad range of presenting problems including anxiety, anger, self-esteem, mood management, PTSD, sexual abuse, sex offender treatment, identity issues, substance abuse, and court-ordered treatment.

January 2020- June 2025

EAS Winchester
Winchester, Virginia

Sex Offender Treatment Provider

Provides specialized therapy as a Sex Offender Treatment Provider working with children, adolescents, and adults. Manages a diverse caseload offering individual therapy for anxiety, anger, self-esteem, mood management, PTSD, sexual abuse, identity issues, substance abuse, and coping skills. Delivers therapeutic services under contract to the Dowel J. Howard Center. Manages a weekly caseload of five adolescent students suspended for at-risk behaviors, employing goal-driven strategies to foster behavioral and cognitive improvements necessary for their return to mainstream schooling. Progress consistently measured and documented through weekly therapy sessions, adherence to individualized treatment plans, and detailed monthly progress reports.

July 2019 – June 2024

**Loudoun Psychological Services,
Sterling, Virginia**

Resident in Counseling

Provided individual therapy to a caseload of at least 25 people including children, adolescents, and adults. Treated individuals coping with anxiety, anger, self-esteem deficits, mood management, PTSD, sexual abuse, identity issues, substance abuse and situational stressors.

June 2015 – June 2019

**The Psychiatric Institute of Washington,
Washington, District of Columbia**

Psychiatric Counselor

Counseled approximately three students per week to help with understanding of social norms, problem solving, and anger management techniques. Maintained a safe, healthy, engaging and attractive environment to foster positive communication. Supervised adolescents with personal hygiene, grooming, socialization, etiquette and dressing.

June 2007 – June 2015

**The Psychiatric Institute of Washington,
Washington, District of Columbia**

Child/Adolescent Substitute Teacher

Adhered to school standards, guidelines and expectations. Created interactive lesson plans with a focus on improving client's at-risk behavior inside and outside of the institution. Led two learning sessions (two hours each) with adolescent males and females, ages 13 to 17 and one, two-hour learning session with male and female children, ages 7 to 12. Monitored individual and group progress; created IEP reports identifying student's abilities, strengths, deficits and achievements.

February 2004 – June 2007

**Highroad Middle School Academy
Washington, District of Columbia**

Teacher's Aide

Rotated among classes providing assistance to teachers with students experiencing behavioral

crises. Provided one-on-one assistance to a diverse population of children and youth facing learning, language, and social barriers. Created lesson plans and led one-on-one instruction with children in writing, math, language arts and creative arts. Created and facilitated monthly fire drill and security-checks for the entire school through the calendar year. Formally trained to restrain students who were unable to moderate their own behavior.

Supervised Training

September 2018- December 2018

Department of Disability Services, Blind and Vision Impaired Department Washington, District of Columbia

Internship / Practicum

Provided vocational training and assessments. Assisted with mobility and orientation assessments and provided individual counseling to patients for job search assistance. Prepared clients for job fairs, updated resumes and cover letters. Participated and completed intake applications, service coordination and vocational exploration. Developed an Individual Employment Plan, identifying job goals, educational needs and measures of success.

May 17 - August 2018.

Department of Employment Services, Youth Earn and Learn Program (YELP) Washington, District of Columbia

Internship

Assisted young adults ages 16-24 who were out of school with occupational skills training, career awareness counseling, and work readiness modules. Provided basic education, GED preparation, as well as supported internship experiences and vocational skills training. Helped individuals access and utilize career assessments via Career Cruiser.

January 10 - March 30, 2018.

Department of Employment Services, Pathways for Young Adults Program (PYAP), Washington, DC

Internship

Assisted a variety of out-of-school and out-of-work youth ages 18-24 by increasing their access to training. Helped support youth with college preparation and assisted with enrolling into a Post-Secondary education institution known as KBEC #SOAR Leadership Institute.

Completed Graduate School Courses

Foundations of Rehabilitation Counseling
Introduction to Rehabilitation Research and Program Evaluation
Career Counseling in Rehabilitation
Psychosocial and Medical Aspects of Disability in Rehabilitation
Addictions
Diagnosis and Treatment Planning
Crisis Intervention
Ethics in Rehabilitation Counseling
Job Development and Placement in Rehabilitation
Human Growth and Development
Principles/Practice of Case Management in Rehabilitation
Techniques of Counseling
Group Counseling
Marriage and Family Counseling
Cultural Diversity: Multicultural Issues
Theories of Psychotherapy
Practicum in Rehabilitation Counseling
Internship in Rehabilitation Counseling I
Internship in Rehabilitation Counseling II

Licenses, Certifications, and Memberships

American Counseling Association

#6502525

Professional Member since 2018

Virginia Counseling Association

Professional Member since May 2025

Virginia Counseling Association

Virginia Clinical Supervisor beginning 08/15/2025

Certified Rehabilitation Counselor

License #380540

May 2022 – September 2025

Certified Sex Offender Treatment Provider

License #0812000925

August 2023- Present

DC Licensed Professional Counselor

License #PRC200001568)

August 2023 – Present

VA Licensed Professional Counselor

License #0701013526

April 2024 – Present

National Certified Counselor

License #1734194

August 2024 – August 2029